



## **SOUTH AMERICAN MASTERS RACE CAMP**

**ON SNOW SEPTEMBER 10-18, 2022**

**Training and FIS Masters Cup racing at  
Catedral Alta Patagonia - Bariloche, Argentina**

**Cost\*:**

US\$4,500 per person, double occupancy

US\$2,185 spouse/friend (with skiing, but no racing or training)

*\*See next page for all pricing options.*

**Includes Almost Everything\*\*:**

- Slalom, GS and Super G training
- Ground transportation to/from Bariloche airport to hotel
- Walk to the slopes from the Club Hotel Catedral Spa & Resort
- Breakfast, lunch and dinner are included
- Hotel fitness center, 2 swimming pools, sauna, business center
- Lift tickets
- World-class coaching!
- Apres-ski educational programs on various aspects of ski racing
- Max 8:1 athlete-coach ratio
- Max 32 racers at the camp
- Daily video analysis
- Lane fees
- Wax room
- Awesome camp shirt

*\*\*Does not include travel to/from San Carlos de Bariloche airport (BRC), airline baggage fees, entry fees to FIS Masters Cup races (€33 per race), alcoholic beverages and gratuities.*

Camp sponsors include:



Free-skiing drills to improve  
your technique

2 Days Slalom Training

2 days GS training

1 day SG training

6 FIS Masters Cup Races:

2 SG + 2 GS + 1 SL + 1 AC

Need a roommate? We'll  
match you with another  
racer.

**LISA BALLARD**

Camp Director

PO Box 1343  
Red Lodge, MT 59068

1-406-690-0190  
lisaballardoutdoors@gmail.com

## SCHEDULE:

Thu, Sep 8: Depart USA and other countries for Bariloche, Argentina.

Fri, Sep 9: Arrive in Bariloche. Transfer to hotel.

Sat, Sep 10: Acclimatization day - Free skiing and drills on slalom skis with coaches.

Sun, Sep 11: Slalom training (morning + afternoon sessions).

Mon, Sep 12: Slalom training (morning). Afternoon off.

Tues, Sep 13: Free skiing drills on GS skis (morning); GS training (afternoon)

Wed, Sep 14: GS training (morning + afternoon sessions)

Thu, Sep 15: SG training (morning). Afternoon off.

Fri, Sep 16: FIS Masters Cup – 2xSG (2nd SG counts as stand-alone race and as part of Alpine Combined)

Sat, Sep 17: FIS Masters Cup – SL + AC (3 runs. 1 run counts for Alpine Combined.)

Sun, Sep 18: FIS Masters Cup – 2xGS races (2 one-run GS races)

Mon, Sep 19: Depart Bariloche.

Tue, Sep 20: Arrive home.

*Note: You must be a member of your country's national governing body for alpine ski racing, e.g. US Ski and Snowboard, and hold an FIS Masters license to compete.*

## COACHES



Lisa Ballard



Miguel Azcarate



Brenna Kelleher



Nate Schwing



Parker Densmore

**Lisa Ballard**, Camp Director: 2022 FIS Masters GS Champion, 2<sup>nd</sup> Overall. 2020 FIS Masters SG Champion. 2X FIS Masters age-group champion. 2020 Canadian Masters Grand Champion. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). Former member, US Ski Team. Former member, Dartmouth Ski Team. 30 years coaching experience. Former ski analyst/commentator, ESPN and other networks. Author, *Ski Faster! Guide to Racing & High Performance Skiing*. Founder, Director: YOUR TURN masters race camps and women's ski events. Director, masters programs at Big Sky and Red Lodge, Montana.

**Miguel Azcarate**: Training Center Director, Holiday Valley. Co-owner, Mud Sweat n'Gears ski retailer. Head Coach, Ligety-Weibrecht Summer Ski Camps, Mt Hood, OR. Former pro ski racer from Spain. Master boot-fitter. Guest coach, U.S. Ski Team. Ski boot guru!

**Brenna Kelleher**: Montana State University ski team; 2X PSIA National Team, 2016-2020, 2021-2024. PSIA Level III ski instructor, Big Sky. Coach, Keely's Camps; Coach, Big Sky Early Season Masters Camp. World Champion whitewater kayaker (2001).

**Nate Schwing**: Former NorAm and USCSA college racer. 9<sup>th</sup>, 2004 US National GS. Masters National Champion. Head FIS Coach, Sun Valley, 2007-2020. Currently Head U16 Coach, Sun Valley. Coach, Hailey (ID) ski team, 2005-2006. Coach, South American Masters Race Camp, Valle Nevado, Chile (with Bill Skinner).

**Parker Densmore**, Assistant Coach/Videographer: USSS Level 100 coach. Ski patrol/avalanche control, Park City Mountain Resort, 2019-present. Assistant Coach, South American Masters Race Camp, Nevados de Chillan, Chile. Former coach, Silver Run Ski Foundation (Red Lodge, MT). Trip leader, Apogee Adventures. Former junior racer, Holderness School. BA, Geology/Film (St. Lawrence University), Spanish language skills. NOLS-Certified Wilderness EMT.

## **PRICING**

Double Occupancy, 3 meals/day: US\$4,500

Double Occupancy, 2 meals/day\*: US\$4,395

Single Occupancy, 3 meals/day: US\$5,725

Single Occupancy, 2 meals/day\*: US\$5,545

Spouse/Friend, double occupancy, skiing but no training, 3 meals/day: US\$2,200

Spouse/Friend, double occupancy, no skiing, no lunch: US\$1,950

*\*Breakfast and dinner.*

## **PAYMENT POLICY**

40% deposit due upon registration. Balance due: August 8, 2022.

Pay by credit card via PayPal: [lisaballardoutdoors@gmail.com](mailto:lisaballardoutdoors@gmail.com)

or Venmo: @Lisa-Ballard-75

or check payable to "Lisa Ballard", PO Box 1343, Red Lodge, MT 59068.

Travel insurance is strongly recommended for all camp participants.



Cerro Alta Catedral, Bariloche, Argentina

**FOR MORE INFO AND TO RESERVE YOUR SPOT, CONTACT LISA BALLARD, OR GO TO "RACE CAMPS" AT:**

**[www.LisaBallardOutdoors.com](http://www.LisaBallardOutdoors.com)**