



SOUTH AMERICAN MASTERS RACE CAMP

ON SNOW SEPTEMBER 11-19, 2023

**Training and FIS Masters Cup racing at
Catedral Alta Patagonia - Bariloche, Argentina**

Cost*:

US\$5,325 per person, double occupancy, 3 meals per day

US\$3,345 spouse/friend (skiing, but no training or racing)

**See page 3 for all pricing options.*

Includes Almost Everything:**

- Slalom, GS and Super G training with world class coaches!
- Round-trip ground transportation Bariloche airport to hotel
- Walk to the slopes from the Club Hotel Catedral Spa & Resort
- Breakfast, lunch and dinner
- Hotel fitness center, 2 swimming pools, sauna, business center
- Lift tickets
- Apres-ski educational programs on various aspects of ski racing
- Max 8:1 athlete-coach ratio
- Max 32 racers at the camp
- Daily video analysis
- Lane fees
- Wax room
- Awesome camp shirt
- Door prizes from camp sponsors

***Does not include travel to/from your home to San Carlos de Bariloche airport (BRC), entry fees to FIS Masters Cup races, alcoholic beverages and gratuities.*

Camp sponsors include:



Free-skiing drills to improve
your technique

2 Days Slalom Training

2 days GS training

1 day SG training

6 FIS Masters Cup Races:

2 SG + 2 GS + 1 SL + 1 AC

Need a roommate? We'll
match you with another
racer.

LISA BALLARD

Camp Director

PO Box 1343
Red Lodge, MT 59068

1-406-690-0190
lisaballardoutdoors@gmail.com

SCHEDULE:

Sat, Sep 9: Depart North America and Europe for Bariloche, Argentina.

Sun, Sep 10: Arrive in Bariloche. Transfer to hotel.

Mon, Sep 11: Acclimatization day - Free skiing and drills on slalom skis with coaches.

Tue, Sep 12: Slalom training (morning + afternoon sessions).

Wed, Sep 13: Slalom training (morning). Afternoon off.

Thu, Sep 14: Free skiing drills on GS skis (morning); GS training (afternoon).

Fri, Sep 15: GS training (morning + afternoon sessions).

Sat, Sep 16: SG training.

Sun, Sep 17: FIS Masters Cup – 2xSG (2nd SG counts as a stand-alone race and for the Alpine Combined)

Mon, Sep 18: FIS Masters Cup – SL/AC (1st run counts for the Alpine Combined. 2nd + 3rd runs = SL race)

Tue, Sep 19: FIS Masters Cup – 2xGS (2 one-run GS's).

Wed, Sep 20: Depart Bariloche.

Thu, Sep 21: Arrive home.

Note: You must be a member of your country's national governing body for alpine ski racing, e.g. US Ski and Snowboard, and hold an FIS Masters license to compete.

COACHES



Lisa Ballard



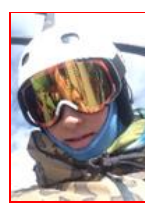
Miguel Azcarate



Roger Bay



Briggs Williams



Parker Densmore



Briggs Williams sends it!

Lisa Ballard, Camp Director: 3X FIS Masters SG champion, FIS Masters GS Champion (2022), 2X FIS Masters age-group champion. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). Former member, US Ski Team. Former member, Dartmouth Ski Team. 30 years coaching experience. Former ski analyst/commentator, ESPN and other networks. Author, *Ski Faster! Guide to Racing & High Performance Skiing*. Founder, Director: YOUR TURN masters race camps and women's ski events.

Miguel Azcarate: Training Center Director, Holiday Valley. Co-owner, Mud Sweat N' Gears ski retailer. Head Coach, Ligety-Weibrecht Summer Ski Camps, Mt Hood, OR. Former pro ski racer from Spain. Master boot-fitter. Guest coach, U.S. Ski Team. Ski gear guru!

Roger Bay: USSS Level 500 coach, the highest possible certification in the United States. Clinician for Level 100 and 200 coaches. Former junior and NCAA Division 1 racer (Montana State University-Bozeman). 38 years coaching experience, including 9 years with the US Ski Team and 17 years with the Bridger Ski Foundation.

Briggs Williams: FIS and U16 Coach, Sun Valley and various Western Region camps, 2019-2023. Former FIS racer. NCAA Division 1 college racer (St. Lawrence University). Former junior racer, Carrabassett Valley Academy. USSS-certified coach.

Parker Densmore, Assistant Coach/Videographer: USSS-certified coach. Ski patrol/avalanche control, Park City Mountain Resort, 2019-present. Former coach, Silver Run Ski Foundation (Red Lodge, MT). Trip leader, Apogee Adventures. Former junior racer, Holderness School. BA, Geology/Film (St. Lawrence University), Spanish language skills. NOLS-Certified Wilderness EMT.

PRICING

Double Occupancy, 3 meals/day: US\$5,325

Double Occupancy, 2 meals/day (no lunch): US\$5,145

Single Occupancy, 3 meals/day: US\$7,050

Single Occupancy, 2 meals/day (no lunch): US\$6,870

Spouse/Friend, double occupancy, skiing but no training, 3 meals/day: US\$3,345

Spouse/Friend, double occupancy, skiing but no training, 2 meals/day (no lunch): US\$3,165

If you are traveling alone but wish to share a room, we will try to match you with another athlete in the camp. If no one is available to share a room with you, your registration will convert to single occupancy with the appropriate balance due.

If you are over age 70, deduct \$300 from whatever package you choose. Skiers ages 70+ ski free at Catedral-Bariloche.

AIR TRAVEL

Athletes arrange their own round-trip travel to Bariloche (BRC).

Sep 10: To take the camp's private bus to the Club Hotel Catedral, plan to arrive at BRC no later than 1:00pm.

Sep 20: To take the camp's private bus from the Club Hotel Catedral to BRC, plan to depart BRC no earlier than 10:20am.

If you book an itinerary that does not match up with the camp's ground transportation schedule, there is no refund, and you are responsible for reserving and paying for your own ground transportation.

IMPORTANT! This year, Aerolineas Argentinas offers two round-trip flights on the camp's travel dates from Buenos Aires-EZE to BRC. Otherwise, you must change airports from the international airport (EZE) to the domestic airport (AEP).

The camp has pre-purchased 15 round-trip plane tickets for athletes on the EZE-BRC / BRC-EZE flights, first-come first served, for the special group rate of US\$350 per person:

10SEP AR1658 dep EZE 12:55pm, arr BRC 3:15pm

20SEP AR1687 dep BRC 10:20am, arr EZE 12:25pm

Includes 1 ski bag + 1 additional checked bag, max 23kg each.

Additional ski bag: US\$70.00 each way.

Main cabin seating.

Non-refundable.

Additional seats may be available on this flight at market price at time of booking.

Please contact [Lisa Ballard](#), Camp Director, if you wish to book this flight or if you need help with any of your travel arrangements.

CANCELTION POLICY

75% refund prior through June 15, 2023.

No refunds after June 15, 2023 unless your spot is taken by another athlete.

Travel insurance is strongly recommended for all camp participants! The camp suggests [AIG Travel Guard](#).

PAYMENT POLICY

50% deposit due upon registration. Balance due: August 1, 2023.

Payment options:

- Credit card via PayPal: lisaballardoutdoors@gmail.com
- Venmo: @Lisa-Ballard-75
- Check from on a United States bank, payable to “Lisa Ballard”, PO Box 1343, Red Lodge, MT 59068
- Wire transfer: Please contact Lisa Ballard for instructions.



Cerro Alta Catedral, Bariloche, Argentina

**FOR MORE INFO AND TO RESERVE YOUR SPOT, CONTACT LISA BALLARD, OR GO TO “RACE CAMPS” AT:
www.LisaBallardOutdoors.com**