



BIG SKY EARLY SEASON MASTERS RACE CAMP

NOVEMBER 18-23, 2022

WHAT YOU GET:

- Top-level coaching to jump start your ski season
- 3 days GS training: Free-skiing drills, gate training, line drills in gates
- 3 days slalom training: Free-skiing drills, progression through brushes, stubbies and gates
- Booster Strap and LEKI demos
- Daily video analysis
- Daily door prizes
- FUXI gift bag (with a few extras from other camp sponsors)
- 6 nights lodging at the Huntley Lodge
- 3 meals/day
- 6 days lift tickets
- Apres-ski programs
- Awesome camp shirt
- Maximum participants: 24
- Maximum athlete-coach ratio: 8:1
- Camp proceeds support BSSEF's junior race program. Thank you!

COACHING STAFF:



Lisa Ballard, Camp Director: Founder/director numerous ski and race camps. FIS Masters Champ, GS (2022), SG (2020). 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). 2020 Canadian Masters Grand Champion. 30 years coaching experience. US Ski Team (1979-80). Dartmouth Ski Team (1980-83). Former ski analyst for ESPN and other networks; Author, *Ski Faster! Guide to Racing & High Performance Skiing*.



Jack Ballard: Coach, BSSEF Master's Program. Coach, Silver Run masters program, Red Lodge Mountain. US Ski and Snowboard certified coach. PSIA-certified instructor. Chair, Northern Division Masters. Member, US Ski and Snowboard Masters Working Group. 12 years on the masters circuit, including national and international competition. 3rd place overall, 2018 National Speed Series, Class 7. Former college instructor, graduate and undergraduate courses in human learning.



Brenna Kelleher: Montana State University ski team; 2X PSIA National Team, 2016-2020, 2021-2024. PSIA Level III ski instructor, Big Sky. Coach, Keely's Camps. Coach, South American Masters Camp. World Champion whitewater kayaker (2001).

Sign up at: <https://bssef.com/>

SCHEDULE:

Thursday, Nov 17: Arrival and check-in.

Friday, Nov 18: Morning free-skiing drills on slalom skis and brush courses (morning). Afternoon video analysis. Evening presentation: "Mastering the Mental Side of Ski Racing" coach's panel

Saturday, Nov 19: Morning slalom training (stubbies, full gates). Afternoon video analysis. Free evening.

Sunday, Nov 20: Morning slalom training (full gates). Afternoon video analysis. Evening presentation: "Get A Racer's Edge: Base Beveling, Structuring and Other Tuning Techniques to Make You Faster," by Graham Lonetto, Race Director, Swix

Monday, Nov 21: Morning free-skiing drills on GS skis. Afternoon video analysis. Evening presentation: "Masters Racing This Winter: Masters Race Rules + Other Things You Need to Know," by Lisa Ballard.

Tuesday, Nov 22: Morning GS training with emphasis on line. Afternoon video analysis. Free evening.

Wednesday, Nov 23: Morning GS training (morning). Departure after lunch. Discounted room and lift ticket rates available for those who wish to ski at Big Sky after the camp through Thanksgiving weekend.

COST:

Full Camp, double occupancy: \$2,575

Full Camp, single occupancy: \$3,140

Local's Special: \$1,605

Full camp includes everything on site: 6 nights lodging (check in November 17; check out November 23). 3 meals per day, 6 days lift tickets, lane fees, coaching, video analysis, goody bag, camp shirt, door prizes, Booster Strap and LEKI demos, and evening presentations.

Local's Special includes all of above, except only lunch and no lodging.

Note: Because Big Sky is not open to the public, season's passes and IKON passes are not valid during the camp.

At the request of Big Sky Resort and due to high demand, athletes must register for the entire 6-day camp. If you cannot participate in all 6 days, there is no price break.

EXTEND YOUR STAY!

Big Sky Resort is offering discounted lift tickets to athletes in the Big Sky Early Season Masters Camp through November 27th (Thanksgiving weekend):

Adults: \$89 per day

Seniors: \$69 per day

CANCELTION POLICY:

If BSSEF cancels the camp for any other reason, your camp fee is fully refundable, minus credit card processing fees (3%) if you paid by credit card.

If YOU need to cancel participation in the camp for any reason prior to October 18th, your camp fee is fully refundable, minus the 3% credit card fee processing fee if you paid by credit card. If you cancel on October 19th or later, your camp fee is refundable only if your spot is filled by another racer, less the 3% credit card fee.

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LODGING:



Huntley Lodge: Newly renovated. Ski in/ski out. For a complete list of amenities, [click here](#).

Note: Big Sky Resort is closed to the public during the early season race camps. The Huntley Lodge is your only lodging option through the ski resort (and a very nice one).

MEALS:

Three meals per day are included for everyone staying at the Huntley Lodge. For locals, who are not staying at the Huntley, only lunch is included (whether or not you bring a bag lunch). Note: Restaurants at the resort will not be open during the camp, as the resort is not open to the public yet.

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com

Jeremy Ueland, BSSEF Program Director, T. 406-579-7005, bigskysef@yahoo.com

Sign up at: <https://bssef.com/>



Thank you to presenting sponsor

and additional camp sponsors:

